

# Worry Monster Box

Give yourself a break from worrying thoughts by feeding them to a worry monster! Follow along with the instructions to create your own monster from a tissue box and crafty bits.

## Included in this pack

- Instructions
- Monster parts to copy or cut out for your worry box

## What you'll need

- 1 tissue box
- Scissors
- Glue or tape
- Optional: googly eyes, pompoms, sequins, glitter etc

## Step 2 - Make your monster

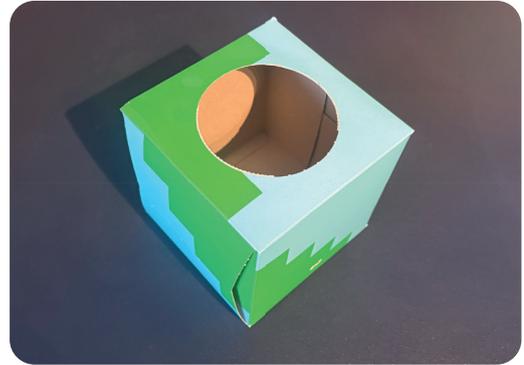
Use googly eyes or cut out our monster eyes and stick them above the hole in the tissue box.



Cut out and stick teeth inside the hole. You can use ours or make your own!

## Step 1 - Prepare your tissue box

Find an empty tissue box and wrap it with colourful paper or colour it in if it needs it.



## Step 3 - Finish decorating!

- Stick our cut-out horns, or pompoms, sequins, glitter, whatever you like. Make it your monster!



Once you've made your monster, pop it on a shelf and **when you have a little worry, write it down on paper and feed it to your monster!** He'll munch your troubles away...

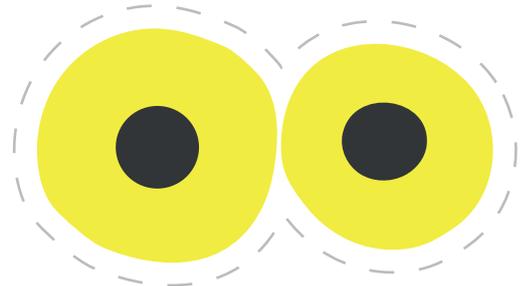
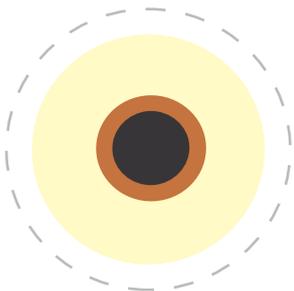
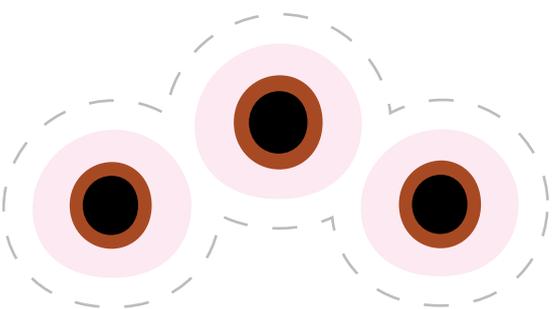
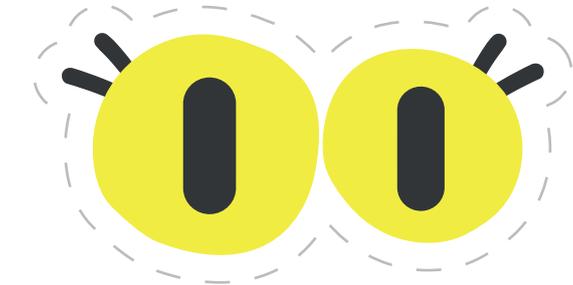
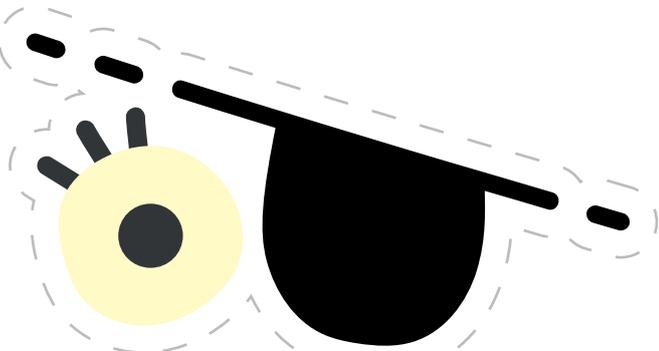
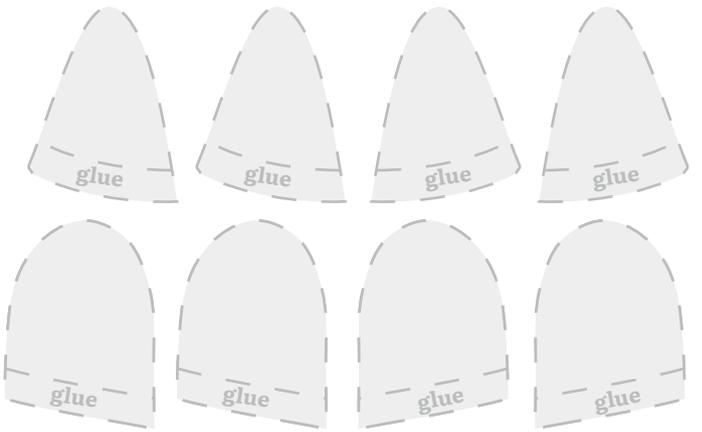


# Monster Worry Box - Monster Parts

Horns



Teeth



Eyes

